

Research Update Reader Survey

Please take a few moments to complete this survey. Your comments and feedback will help ALCOA improve the *Research Update*. Please be assured that your responses will remain confidential.

If you are interested in being entered into a draw for prizes, please submit your details in the space provided at the end of this survey.

YOUR THOUGHTS ON THE ISSUE

1. Please circle the response that best describes how much new information you learned about the following topics.

	Learned a great deal	Learned some new things	Did not learn anything new
a. The value of regular physical activity in reducing the risk of heart disease	1	2	3
b. Gender and the risk of heart disease	1	2	3
c. Generally the amount of physical activity/exercise needed to benefit the heart	1	2	3

2. Please rate the Issue on the following components (circle your response).

	Excellent	Good	Fair	Poor	Not Sure
a. Communicating research in plain & clear language	1	2	3	4	NS
b. Overall rating of issue	1	2	3	4	NS

3. Are there any actions you plan on taking based on what you read? Yes No
If Yes, what do you intend to do? _____

4. Do you have any suggestions to improve the Research Update? Yes No
If Yes, how so? _____

OTHER INFORMATION

5. Age: 29 years of age or less 30 – 39 years 40 – 54 years 55 – 64 years
 65 – 74 years 75 – 84 years 85 and over

6. In which province / territory do you reside? _____

7. What type of organization do you work for or represent?

- I do not represent/work for an organization Non-profit organization
 Government Other (please specify) _____

ALCOA thanks you for taking the time to fill out this questionnaire.

Please mail your response to ALCOA, 33 Laird Drive, Toronto, ON M4G 3S9 or fax us at 416-423-2112

OPTIONAL INFORMATION:

Name _____ Email _____ Telephone _____